

महानगर टेलीफोन निगम लिमिटेड, मुंबई



MAHANAGAR TELEPHONE NIGAM LIMITED, MUMBAI

(A Government of India Enterprises)

कार्यकारी निदेशक का कार्यालय, 9वीं मंजिल, टेलीफोन हाउस, एमटीएनएल मार्ग, दादर (प.), मुंबई-400 028
O/o Executive Director, Welfare Section, 9th Floor, Telephone House,
MTNL Marg, Dadar (W), Mumbai - 400 028. Ph: 24377676; Fax: 24328386; 24311003

WL/110-23/VRS/ CGHS/ Enrollment/ 2019-20/9

DT. 14/12/2019

To,
All SM (Admn), SM (FC), SM (BW),
MTNL, Mumbai.

IMPORTANT

Sub: Features of CGHS & CGHS for VRS optee

- Ref: (1) No. MTNL/CO/Med/Retirees/CGHS/2016/65, dtd. 29.08.2019
(2) No.MTNL/CO/Medical/ Retiree Renewal/ CGHS w.e.f. 1.10.18, dt. 22.11.19
(3) No.WL/110-23/Retd. Empl/CGHS/Enrollment/2019-20/32, dt. 04.12.19
(4) No.WL/110-23/Retd. Empl/CGHS/Enrollment/2019-20/6, dt. 06.12.19

With reference to above cited subject and in continuation to the letters cited above, the features of CGHS & CGHS are given below:-

The date for submission of option form for CGHS/ Not Availing Medical Facility is extended upto 31.12.2019.

FEATURES OF CGHS FACILITY FOR ALL RETIREES:-

- 1. Definition:**
Central Government Health Scheme Controlled under Ministry of Health and Family Welfare Department, Govt. of India
- 2. Jurisdiction:**
Under purview of Government of India and as per ruling issued by Director CGHS from time to time, covers all Central Govt. staff, Post Office, BSNL, MTNL & Other Central Govt. PSUs.
It covers all Metro City and other major cities among India.
It is Central Government Health Scheme Controlled under Ministry of Health and Family Welfare Department, Govt. of India.
Website: cghs.nic.in; www.cghsmumbai.gov.in;
- 3.** Hospitalisation as per CGHS norms and recommendation required from CGHS Dispensary Doctor.
Limitless, if hospitalized in empanelled hospital as per rules of CGHS.
If admitted in Private Hospital, the reimbursement can be given as per CGHS rate.
Recommendation required before Hospitalisation.
- 4.** Ayurvedic, Homeopathy medicine available in some dispensaries.
- 5.** Useful for employees suffering from diabetic, dialysis, cancer and such major diseases where expenditure is likely more.
- 6. One time enrollment, one time Insurance Premium payment and Lifetime facility.**

7. **Premium Payment slab & Card/Ward entitlement as per 7 CPC:**

MTNL IDA Pay Scale After 1.1.2007	Corr. 7 th CPC pay level	Monthly contribution towards CGHS card	Lifetime charges for CGHS card enrollment*	Ward Entitlement
NE-1 to NE-8	Level 1 to 5	Rs.250/- p.m.	Rs.30,000/-	General Ward
NE-9 to E-2	Level 6	Rs.450/- p.m.	Rs.54,000/-	General Ward
E-3 to E-5	Level 7 to 11	Rs.650/- p.m.	Rs.78,000/-	Semi-Private Ward
E-6 & above	Level 12	Rs.1,000/- p.m.	Rs.120,000/-	Private Ward

* Lifetime charges for CGHS card enrollment is to be determined by CGHS authority.

Basic pay in IDA pay scale at the time of retirement	Corresponding basic pay in corresponding Levels in CDA as per 7 th CPC	Ward Entitlement
Upto Rs.28,530/-	Upto Rs.47,600/-	General Ward
Rs.28,540/- to Rs.37,750/-	Rs.47,601/- to Rs.63,100/-	Semi-private Ward
Rs.37,760/- and above	Rs.63,101/- and above	Private ward

8. **Pro-rata pensioner's CGHS entitlement will be decided as below and as pay scale indicated in the PPO at the time of MTNL absorption:**

- (a) Pro-rata pensioner are as per 31.10.1998 scale in PPO for Non-executive.
 (b) Pro-rata pensioner are as per 30.09.2000 scale in PPO for Executive.

INSTRUCTIONS FOR CGHS:

Definition of Family:

- (1) Husband/Wife>(* First wife only)
- (2) Dependent Parents/Step Mother (in case of adoption, only adoptive & not real parents)
- (3) If adoptive father has more than one wife, the first wife only.
- (4) A female employee has a choice to include either her dependent parents or her dependent parents-in-law: option exercise can be changed only once during service.
- (5) Children including legally adopted children, step children and children taken as wards subject to the following Conditions:

1.	Son	Till he starts earning or attains the age of 25 years whichever is earlier.
2.	Daughter	Till she starts earning or gets married, Limit, whichever may be earlier.
3.	Son suffering from any permanent Disability of any kind (physical or mental) as defined below	Irrespective of age limit
4.	Dependent divorced/abandoned or separated from their husband/ widowed daughters and dependent unmarried/divorced abandoned or separated from their husband/ widowed sisters.	Irrespective of age limit
5.	Dependent Minor brother(s)	Up to the age of becoming a major

For the purpose of availing CGHS facility for a disabled sons above 25 years, please attach a copy of the certificate of disability issued by the competent authority.

'Disability' will be as defined in section 2 (1) of the persons with disabilities (equal opportunities, protection of rights and full participation) Act, 1995 (No.1 of 1996) which is reproduced below:

(1) **"Disability" means**

- | | | |
|-------------------------|---------------------------|-------------------------|
| (i) Blindness | (ii) Low vision | (iii) Leprosy cured |
| (iv) Hearing impairment | (v) Locomototr disability | (vi) Mental retardation |
| (vii) Mental illness | | |

- (2) **"Dependency":** Members of family (other than spouse) whose Income is less than Rs.3500/- + DA per months are treated as dependents and are normally residing with CGHS beneficiary.

Enrollment for CGHS acceptable through online submission only.**Enclosures for availing CGHS card to be submitted by Retiree:**

- (1) Form No.2 (Certificate regarding Receipt of Central Civil Pension from Govt. of India) to be issued by concerned SM /DM(Admn), MTNL, Mumbai.
- (2) Proof of Residence/Stay of dependents – (Copy of Ration Card/Election ID/ Passport/ Identity Card issued by College/School/University/Bank Pass Book, etc.)
- (3) Proof of age of self/ spouse & son/ Disability certificate (if any)
- (4) Attested Copy of Disability certificate issued by Competent Authority (in case of Dependent son aged 25 and above)
- (5) Copies of PPO OR Last Pay Certificate
- (6) One individual Passport size Photos to be pasted on Form of self and dependent.
- (7) Copy of Aadhaar Card/ PAN Card or any other ID issued by Government.
- (8) Contribution by Pensioners should be made by Bank Draft (Schedule Banks) Payable in Mumbai in favour of
“Pay & Accounts Officer, Ministry of Health & Family Welfare, Mumbai”

FEATURES OF CGHS FACILITY:

1. **Definition:**
Contributory Group Health Insurance Scheme provided through Insurance Co. through TPA, (present TPA: Medsave for Retirees) as per circular issued from time to time by MTNL, Corporate Office.
2. **Scope:**
Family entitlement
Self & spouse only
3. If retiree wish to get medical facility, the enrollment form to be submitted every year in the month of September by retiree. If form not submitted by retiree, he/she cannot get medical facility in such policy period.

50% Premium to be deducted from OPD limit for the policy year as per pre-revised IDA basic of 2008.

Current it is Rs.6,261/- per retiree for Both Living and Rs.3,775/- per retiree for Single Living to be deducted from OPD limit.

Coverage:**Reimbursement/ cashless Limit:****Single Living:**

Sum Insured: Rs.1,00,000/-

Rs.90,000/- for minor claim and Rs.3,00,000/- for major claim

Both Living:

Sum Insured: Rs.1,50,000/-

Rs.1,35,000/- for minor claim and Rs.4,50,000/- for major claim

Pre-post claim 10% of sum insured:

Pre-hospitalisation claim shall be considered of 30 days before hospitalization and Post-hospitalisation claim shall be considered upto 60 days after discharge.

4. **Cashless & Reimbursement:**

(a) **Cashless claim:**

- (i) Cashless approval can be availed in empanelled Hospital before hospitalization.
- (ii) In cashless claim, whenever balance amount paid by Retiree to the Hospital, same shall be submitted to concerned TPA preferably within 15 days from the date of discharge, alongwith original payment receipt issued by Hospital.
- (iii) Retiree hereby advised to get cashless facility which is cheaper than reimbursement and save the Insurance coverage limit as per GIPSA package in network hospital.
- (iv) Settlement of claim is as per the terms and conditions of Insurance Policy & IRDA guidelines issued from time to time and final decision for settlement of claim is of Insurance Co.

5. **Submission of claim:**

Within 15 days from the date of discharge through proper channel or directly to Medsave TPA.

6. OPD from MTNL will be given to Retiree upto his/her entitlement after deduction of 50% CGHS premium contribution.

The option form for CGHS/ Not Availing Medical Facility for MTNL VRS 2019 optees is enclosed herewith and shall be submitted to this office on or before 31.12.2019 through proper channel or directly to Welfare Section, 9th Floor, Prabhadevi, Mumbai.

Those VRS 2019 optees who will not submit this option form, shall be treated as they have opted for CGHS 2019-20 medical facility (commencing from 01.10.2019 to 30.09.2020). The data in respect of spouse of concerned employees has been taken from the data available in the GHIP 2019-20 working employee policy. VRS optee will be enrolled in CGHS 2019-20 from 01.02.2020 to 30.09.2020.

“Once NOC for CGHS option is issued by MTNL, the retiree cannot revert back to CGHS” and CGHS optee will not get any IPD/OPD facility from MTNL.


The lists in respect of CGHS Hospitals & Dispensaries are enclosed herewith for information and also available on website “www.cghsmumbai.gov.in”

All SM (Admn) are requested to provide assistance & guidance for filling-up the ONLINE CGHS form to Retiree (VRS Optee).

The concerned SM/DM (Admin) shall forward consolidated CGHS or Not availing medical facility option form staff No. wise list to SM (Welfare) in HARD COPY & SOFT COPY by mail at welfaresection1@gmail.com alongwith option form.

Wide publicity may be given to this circular and circular may be pasted on Notice Board in the MTNL Building premises.

This is issued with the approval of Competent Authority.


 Sr. Manager (Welfare & Sports)
 MTNL, Mumbai
 वरिष्ठ प्रबंधक (कल्याण/खिल)
 Senior Manager (Wel./Sports)
 महानगर टेलिफोन निगम लि., मुंबई.
 Mahanagar Telephone Nigam Ltd., Mumbai

Copy to:

- (1) GM (HR), C.O.
- (2) SM to ED, MTNL, Mumbai: For infn. pl.
- (3) All PGMs/ All Sr. GMs/ All GMs
- (4) SM (WFMS)/ SM (HR-Med), CO.
- (5) All DM (Cash/ Works): For necessary action pl.
- (6) General Secretary, MTNKS, Mumbai.
- (7) Association and Union of Retired Executives & Non-Executives.

Option for CGHS or not availing medical facility**(Applicable for VRS 2019 optee employees)****Self Declaration / Undertaking**

I, Shri/Smt. _____,
 (spouse of Late _____ (applicable only for
 family pensioner), Staff No. _____ (as per Salary Slip or PPO), Desgn
 _____ GM Unit _____, applied for VRS 2019, I hereby declare that (Tick
 the relevant).

1. I would like to avail CGHS (*CENTRAL GOVERNMENT HEALTH SCHEME*) facility as provided by Government of India.
 Central Government Health Scheme (CGHS) facility can be avail by Retiree within 03 (three) months from the date of Retirement OR Retiree may submit LPC/ PPO to get CGHS facility for immediate enrollment in CGHS.

OR

2. I am not willing to avail any medical facility provided by MTNL for its retired employees.
 (NOTE: Tick mark in Box only ONE option and strike off all other options)

My personal details are as follows:-

1. Name _____
 2. Scale of Pay at the time of VRS _____
 4. Mobile Number _____
 5. E-mail Id _____
 6. Address for Correspondence _____
- _____ State _____ PIN Code _____

I will not apply to MTNL for availing IPD & OPD (medical) facility after issue of NOC certificate for obtaining CGHS card (Certificate regarding Receipt of Central Civil Pension from Govt. of India).

I will not be allowed by MTNL for availing CGHS (Contributory Group Health Insurance Scheme) for Retirees/VRS optee in future.

I will surrender the CGHS medical card issued by Insurance Co. (UIIC)/ TPA to concerned SM (Admn).

Above details are correct and in case it is found at any stage some information is concealed by me or found false, MTNL management may take suitable disciplinary action against me as per MTNL Rules.

NOTE: Those VRS 2019 optees who will not submit this form, shall be treated as they have opted for CGHS 2019-20 medical facility (to be enrolled from 01.02.2020 to 30.09.2020).

Place:

Date:

Signature _____

Name _____

Staff No. _____

Landline No. (if any) _____

SM/DM (Admn)
 MTNL, Mumbai (with SEAL)

Revised

(To be issued by concerned SM (Admn) for pensioner)

Date: _____

TO WHOMSOEVER IT MAY CONCERN
Certificate regarding Receipt of Central Civil Pension
from Govt. of India

This is to certify that after verifying the PPO issued by Office of Pr. Controller, Communication Accounts, Maharashtra (CCA) of Shri/Smt. _____, (spouse of Late _____ (applicable only for family pensioner), Staff No. _____ (as per Salary Slip or PPO), Desgn _____ retired (VRS) on date ____/____/____, from MTNL GM Unit _____ and is in receipt of Central Civil Pension from Central Civil Estimates under 'Major Head – 2071' of Government of India (Pr. Controller, Communication Accounts, Maharashtra), vide PPO No./ LPC dt. _____ (Last Basic Pay in IDA: Rs. _____).

He/she is not being paid any fixed monthly medical allowance through pension.

On issue of certificate for obtaining CGHS facility, MTNL shall not extend MTNL Medical facility (IPD & OPD) to the above retired employee.

This certificate is issued to him/her for availing CGHS facility.

Sr. Manager (Admn) _____
MTNL, Mumbai.
(Signature with Office Seal)

Note: Central Government Health Scheme (CGHS) facility can be avail by Retiree within 03 (three) months from the date of Retirement OR Retiree may submit LPC/ PPO to get CGHS facility for immediate enrollment in CGHS.

Copy to:
Concerned DM (Cash/Works): For record purpose.

Form of Reimbursement of Lifetime CGHS one time incentive

(to be submitted to concerned DM (Cash/Works) i.e. last retirement GM unit only through concerned SM (Admn))

I, Shri/Smt. _____,
(spouse of Late _____ (applicable only for family pensioner), Staff No. _____ (as per Salary Slip or PPO), Desgn _____ retired (VRS) from MTNL on _____, GM Unit _____, I hereby declare that I have switched over to Lifetime CGHS facility.

The reimbursement against payment made by me for Lifetime CGHS card, may be given in my pension account. I have not avail/ claim reimbursement regarding CGHS earlier. I am surrendering the CGHS medical card issued by Insurance Co. (UIIC)/ TPA to concerned SM (Admn) on dt. ____/____/____.

My personal details are as follows:-

- 1. Name _____
- 2. PPO No. _____
- 3. Mobile Number _____
- 4. E-mail Id _____
- 5. Address for Correspondence _____

_____ State _____ PIN Code _____

Enclosure:

- 1. Self attested copy of Receipt/ Challan or any proof of premium amount issued by CGHS authority.
- 2. Copy of medical card surrendered by retiree to SM (Admn).

I have not received reimbursement of Lifetime CGHS one time incentive previously.

Above details are correct and in case it is found at any stage some information is concealed by me or found false, MTNL management may take suitable action against me as per the rule in force issued by MTNL/ DOT.

Place:

Date:

Signature _____
Name _____
Staff No. _____
Landline No. (if any) _____

UPDATED LIST OF EMPANELLED HOSPITALS IN CGHS MUMBAI AS ON DATED 04-12-2019

cghs.nic.in

www.cghsmumbai.gov.in

GENERAL PURPOSE HOSPITALS

S. No	NAME OF THE HOSPITAL	ADDRESS	Tel. PHONE No
1	RIDDHI VINAYAK ,CRITICAL CARE & CARDIAC CENTRE	559/1,Riddhi Vinayak Temple Lane, Near N. L. High School, S. V. Road, Malad (W), Mumbai-400 064.	022-28663984/ /85/86/87/88
2	SURANA SETHIA HOSPITAL RESEARCH CENTRE	Suman Nagar, Sion Trombay Road, Chembur, Mumbai- 400 071.	022-33783378

3	APEX HOSPITAL	Vaishali Heights, Chandavakar Road, Borivali (W), Mumbai- 400 092.	022-42457000
4	SAPANA HEALTH CARE CENTRE,	A- Wing, Bhaveshwar Plaza , Opp Shreyas Cinema, Ghatkopar (W), Mumbai – 400 086.	022-25004202 022-25001054 022-25003831
5	DR. R.N.PATIL'S SURAJ HOSPITAL	Plot No.1&1A, Sun Plam View Bldg, Sector- 15, Opp. Palm Beach Marg, Sanpada, Navi Mumbai- 400 705.	022-27810099 022-27810599
6	ASIAN INSTITUTE OF MEDICAL SCIENCE	Plot No. P-72, Milap Nagar, MIDC, Dombivali (E), Mumbai- 421203.	0251-2470000 0251- 2475000/01/05
7	SHUSHRUSHA HEART CARE CENTER &MULTI SPECIALITY HOSPITAL	Plot No.22- A, Plam Beach Road, Sector 6, Nerul, Navi Mumbai – 400706.	022-27722506 022-27719245 /46/47/48 022- 27722506 022- 64596661/80 (19INES)
8	RIDDHI VINAYAK, MULTI SPECIALITY HOSPITAL.	Plot No. 302, Near Railway Carshed, Virar Nalasopara link Road, Nalasopara (W), Thane	9223186550 8655090070

9	SHIVAM HOSPITAL, MULTI SPECIALITY & JOINT REPLACEMENT CENTRE,	Plot No. 57, CRW, CHS Near MIDC water tank, Kalyan Road, Dombivali (E) – 421 201.	0251-2800330/ 2443144/45
10	PRACHIN HEALTH CARE	Multi-Specialty Hospital, Plot No. 69/2, Near Hotel Garden, Panvel – 410206.	022-71333258/59
11	ASHTVINAYAK HOSPITAL & SUPER SPECIALITY HOSPITAL	Plot No. 10, Sector-6, Khanda Colony, New Panvel (W),Raigad - 410206	022-27453681 022-27453683
12	PANACEA HOSPITAL	Plot No. 105/106, Sector No. 08, New Panvel-410206	022-27469902/03/04
13	SHREE BALAJI HOSPITAL	kurla Camp Rd., Opp. Shanti prakash Hall, Ulhashnagar – 421005.	8805994559 0251- 2533372/73
14	M/S S. S. VAIDYA HEALTH CARE PVT. LTD	Dr. C. B. Vaidya Memorial Hospital, Opp. City Post Office, Tilak Chowk, Kalayn (W)	0251-2201220
15	SWAMI SARWANAND HOSPITAL	Near old bus terminus, Ulhasnagar-421005	0251-2527467 0251-2524618

16	MPCT Hospital	Plot No 7, Sector - 4, Sanpada, Navi Mumbai. 400705	02227750000 02227757363
17	LIFE LINE MULTI SPECIALITY HOSPITAL	618/3-1, Sainath Road, Near Malad Sibway, Malad (West), Mumbai 400 064	022-28885001
18	SHANTINIKETAN HOSPITAL	E- Bldg. Ground Floor, Shantiniketan, L.B.S. Marg, Ghatkopar (west), Mumbai 400 086	022-25001005/24
19	SIDDHIVINAYAK MATERNITY & GENERAL HOSPITAL	2nd Floor, S-1, Vedant Complex, Vartak Nagar, above Nisarga Hotel, Thane (W) - 400 606	022-25883531
20	SHIVAM HOSPITAL	Shrenik CHS, Plot No. 106, RSC-11, Sector-2, Charkop, Kandivali (W), Mumbai - 400067	022-28680671
21	SUREKHA CRITICARE HOSPITAL	Next to Indian Bank, NEar Jawahar Hotel, Hospital Road, Ulhasnagar - 421 003	0251-6482191

22	NIRAMAYA HOSPITAL	Plot No 5A, Sector - 4, Next to Balbharti School, Kharghar, Navi Mumbai - 510 210	022-27747761/62
23	SRCC CHILDRENS HOSPITAL	1-A, Haji Ali Park, Keshrao Khadye Marg, Near Mcgm Pump Station, Mahalaxmi, Near Willington Club, Mumbai	022-7122 2222 022-7122 3333
24	TERNA SSPECIALITY HOSPITALS AND RESEARCH CENTRE	Plot No. 12, Sector-22. Opp. Nerul Railway Station, Phase II, Nerul (W), Navi Mumbai - 400 706	022-61578300/38
25	RANE HOSPITAL	37 Pestom Sugar, Road No. 2, Chembur, Mumbai-400089	022-25250404 022-25250405 022-25250406
26	MALLIKA HOSPITAL	Sharma Estate, Next to Mina International Hotel, S. V. Road Jogeswari (W), Mumbai-400102	022-26798585
27	BALAJI HOSPITAL	Victoria Road, Cross Lane -III, 1ST Savtya Marg, Byculla (E), Mumbai-400 027	022- 23740000 022- 23745199 022-23745196

28	APOLLO SPECIALITY HOSPITAL PRIVATE LIMITED	Famous Cine Lab, PT. M. M. Malviya Road, Tardeo, Mumbai-400034.	022-43324500 022- 43324550
29	PINNACLE ORTHO CENTRE HOSPITAL	1st/2nd floor, Blue Nile Commercial Complex Chandanwadi-Charai Junction, LBS Rd, near Makhmali Talao, Panch Pakhdi, Thane West, Thane, Maharashtra 400602	022 2541 9000

EYE CARE CENTRES

1	SHREE RAMARISHNA NETRALAYA	A-120/103, Shree Balaji Co- Op-Hag , Socity, Near Makamali Talao, LBS,Road (Agra Road) Panchpkhdi, Thane - 400 601.	022- 25441139 022- 65926498
2	DR. SHAH'S EYE & LASER CENTRE.	Aasra Apartment, Plot No.33, Near Station Road , Ambernath (E).	0251- 2601074 0251- 2609905
3	PAREKH EYE CLINIC	1st floor, Diamond Palace, Opp Bandra Police Station, Hill Road, Bandra (W) Mumbai -400 050.	022- 26404966 022- 67021788
4	DOCTOR EYE INSTITUTE PVT. LTD	Spenta Mansion , S. V. Road, Andheri (W), Mumbai – 400 058.	022- 26284103 022-26287165

			022- 26251689
5	CONTACARE EYE CARE HOSPITAL	Mahavir Ratan Bldg, Plot No.113, Sector 12 , Vashi Navi Mumbai.	022- 39890000 022- 27665629
6	ADITYA JYOT EYE HOSPITAL,	153-Major Parmewar, A. N. Road, Wadala (W), Mumbai – 400 031.	022-65102690 022- 24177600
7	KENIA EYE HOSPITAL	1st floor, Rizvi Nagar, Next to Milan, Milan Subway, S.V. Road, Santacruz, Mumbai-400 054.	022- 26144013 022- 26138088
8	MAHATME HEALTH AND HAPPINESS HOSPITAL	Saukhya, Jairamishana Co-op, Hsg Socity, Deshmukh Wadi, Mithagar Road, Mulund (E), Mumbai – 400 081.	022- 25657090
9	WAVIKAR EYE INSTITUTE,	Level 4 & 5, Amber Arcade, Bhiwandi Bypass Road, Near Lodha Paradise, Majiwade, Thane (w) – 400 601.	022- 25333312 022- 25376821
10	MUMBAI EYE CARE CORNEA & LASIK CENTRE	101/102, Sai Vaibhav CHS, Nr.Vikrant Circle, Ghatkopar East – 400077	8451045935
11	RAGHUKAMAL HOSPITAL EYE CARE	“Anthshil”, 66, Marve Rd., Orlem, Above Dena Bank, Malad(W)	9870304433

12	ANIL EYE HOSPITAL	1st Floor, Krishna Smruti, Phadke Road, Opp. Pitre Bldg, Dombivali (E)	8655596885 9769483796
13	SULOCHAN EYE HOSPITAL	7/6, Ground Floor,R.R. Reality Complex,Off L.B.S Marg,Opp Dreams Mall, Bhandup (West), Mumbai - 400078.	022-25969966
14	AAYUSH EYE CLINIC MICROSURGERY & LASER CENTRE,	201-202, Coral Classsic, Plot No. 955/956, 20th Road, Chembur, Mumbai -400 071.	022-25288306 022-25288307
15	SANJEEVANI EYE HOSPITAL AND LAZER VISION CENTER	2nd floor, Alsinghani Chanber, Near Darbi Hotel, Sector - 17, Ambernath Road, Ulhasnagar – 421003.	022-2710202
16	OJAS EYE HOSPITAL	Roseland Building, 180 Waterfiled Road, Opp. National College, Bandra (West), Mumbai 400 050.	022-61549999 022-26405951
17	MAA NURSING HOME AND NETRAJYOTI EYECARE CENTRE	Himachal Building, S V Road, Opp Sundar Nagar, Malad West, mumbai 400 064.	022-28752102 022-28754400
18	ANIDEEP EYE HOSPITAL & INSTITUTE PVT. LTD.	Plot No. 414, Next to Golden Tobacco Compound, S. V. Road, Vile Parle West, Mumbai 400 056	022-26251111 022-26251177
19	SAARTH NETRALAYA	102, Gautameshwar Dham, 1st floor, Tandan Road, Ramnagar, Dombivali (East).	0251-2862986 022- 2862786
20	SUNSHINE EYE CARE	Plot Floor, F4/B, Vashi Road, Above Warna Dairy, Section - 9, Vashi, Navi Mumbai – 400703.	022-27652555

21	SWARAASHI NETRALAYA	Plot No. 16, Near Blue Diamond Hotel, Op. Saraswat Bank, sector - 28, Vashi, Navi Mumbai - 400 705.	022-27667070
22	DR. GADGIL EYE HOSPITAL	Ground floor, Shreyas Apartments, Behind Krishna Sweets Lane, Ramchandra Nagar, No. 1, Thane (W) - 400 604.	022-25811799
23	ENVISION EYE HOSPITAL	th Floor, Sharma Estate, S. V. Road, Next to Mina Intl. Hotel, Jogeshwari (W), Mumbai - 400 102	022-26773517
24	SAMARTH NETHRALAYA	Siddivinayak Residency, office 15 & 16, Plot No. 18, sector 20, Above Domino's Pizza, Near Shilp Chowk, Kharghar, Navi Mumbai - 410210.	8652458337
25	DIVYA JYOT EYE HOSPITAL	Jyoti Apartment, Gr. Floor, Opp 7 Bungalow, Andheri(W), Mumbai-400053.	022-2630287 022-66942806
26	VIN- R EYE CARE CENTRE	B-001 Sai Shardha Behind Reliance Fresh and Bus Depot, Vikroli €, Mumbai-400083	022-25731355
27	SAHU EYE HOSPITAL	1 st floor, Almar Arcade, Above Punjab National Bank, Orlem, Malad (W), Mumbai-400 064	022-28664400

DENTAL CARE CENTRES

1	KENIA DENTAL HOSPITAL	1st floor, Rizvi Nagar, Next to Milan, Milan Subway, S.V. Road, Santacruz, Mumbai-400 054.	022- 26144013 022- 26138088
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2	SURANA SETHIA HOSPITAL RESEARCH CENTRE	Suman Nagar, Sion Trombay Road, Chembur, Mumbai- 400 071.	022-33783378
3	DR MULEY'S MULTI SPECIALITY DENTAL CLINIC	Plot No. 22, Shailaja, Bhise Hospital Building, 1st floor, Suryodaya Society, NEar Saraswat Bank, Station Road, Ambernath (East) 421501	0251-2609922
4	PRIYA DENTAL CLINIC	Shop No 2,52 Veer Apartments, 7th Rd Rajawadi, Ghatkopar East, Mumbai -400077.	022-21023004
5	JIVAK DENTAL CLINIC	Shop No 11,Sai Sidhi Apt, Opp Shreerath Hotel, Ambernath (East) - 421501	0251-2607379
6	THE ELEMENTS OF FICIAL AESTHETICS	Row House No. 194, SS-3, Opp. Bank of Maharashtra Sector- 2, Vashi, Navi Mumbai-400 703	022-27825550
7	DR ASHOK DHOBLE CLINIC	Bombay Mutual Terrace, 2nd floor, 534, Sandhurst Bridge, Mumbai- 400007	022 2363 6655

DIAGNOSTIC CENTRE

1	HINDLAB DIAGNOSTIC CENTRE	HINDLAB Diagnostic centre, CGHS Wellness centre First floor, Dr. R G Thadani Marg, Worli Sea Face, Mumbai - 400 030	8369398363
2	METROPOLIS HEALTHCARE LTD	Metropolis Healthcare Limited, 250-D, Udyog Bhavan, Hind Cycle Marg, Behind Glaxo, Worli, Mumbai - 400 030	022 33993939
3	A TO Z DIAGNOSTIC CENTRE	81, Harchandrai House, 1st Floor, Above Axis Bank, Maharshi Karve Road (Queen's Road), Marine Lines (East), Mumbai 400 002	022- 22010484
4	LIFECARE DIAGNOSTIC & RESEARCH CENTRE	1st floor Sanshine Building Opp Shustri Nagar, Lokhanwada, Andheri (W) -400053	022-40884343
5	PULSE HITECH HEALTH SERVICES PVT LTD	Ground Floor/ First Floor, Gokarna CHS Ltd, Opp. Aditya College, Kora Kendra II, Borivali (W), Mumbai-400092	022 - 2898 5560 022- 2898 5562 022- 2898 5563 022- 2898 5564
<u>SUPER SPECIALITY</u>			
1	WOCKHARDT HOSPITAL (Note : For Cardiology, Cardiac Surgeries, Liver Transplant, Kidney Transplant, Medical Admission, Orthopaedic, Bariatric, Oncology - Chemotherapy)	1877, Dr. Anand Rao Marg, Mumbai Central - 400 011	022- 61784444

CGHS Dispensaries available on cghs.nic.in; www.cghsmumbai.gov.in;

S. No.	Dispensary Name	Wellness Centres Address	Nearest Railway Station	Telephone Number	Timings
1	C.G.O (MU1)	C.G.O. Bulding M.K. Road, Mumbai – 400 020	Churchgate, C.S.T	022-22018799	7:30 A.M. to 2:00 P.M.
2	PEDDAR ROAD (MU2)	Income Tax Flats, Peddar Road, Mumbai – 400 626	Grant Road	022-23516680	7:30 A.M. to 2:00 P.M.
3	WORLI (MU3)	25-C, Sea Face, Opp. Flora Hotel, Thadani Marg, Worli, Mumbai - 400 008	Lower Parel/ Dadar/ Mahalaxmi	022-24932909	7:30 A.M. to 2:00 P.M.
4	SANTACRUZ (MU5)	Near Airport Colony, Santacruz, Mumbai – 400 029	Andheri	022-28210971	7:30 A.M. to 2:00 P.M.
5	GHATKOPAR (MU6)	Flat No. 25, Central Govt. Quarts, Ghatkopar, Mumbai – 400 086	Ghatkopar	022-25149229	7:30 A.M. to 2:00 P.M.
6	WADALA (MU7)	C.G.S. Qtrs, Flat 226-227, Type-IV, Wadala, Mumbai - 400 031	Wadala	022-24124515	7:30 A.M. to 2:00 P.M.
7	KOLIWADA (MU8)	Bldg.No.21, Sector-1, Kane Nagar, Mumbai - 400 037	King's Circle / GTB Nagar	022-24013694	7:30 A.M. to 2:00 P.M.
8	C.L.I. (MU9)	Central Labour Inst. Premises, Trombay Road, (Sion), Mumbai - 400 022	Sion	022-24081616	7:30 A.M. to 2:00 P.M.
9	BANDRA (MU10)	Plot NO. 215 31, road, Off Linking Road, Bandra (W) Mumbai – 400 050	Bandra	022-26428114	7:30 A.M. to 2:00 P.M.
10	BYCULLA (MU11)	Khan Mansion, Flat No.1, 15 Victoria Road Byculla, Mumbai – 400 027	Byculla	022-23722150	7:30 A.M. to 2:00 P.M.

11	AMBERNATH (MU12)	Old Primary School Bldg. Ordanance Estate, Ambernath (W) Dist. Thane	Ambernath	0251-2600858	7:30 A.M. to 2:00 P.M.
12	CBD-BELAPUR (MU13)	Ekta Vihar, Type V, A-1, First flr, Uran Phata Road, Navi Mumbai	Belapur	022-27522287	7:30 A.M. to 2:00 P.M.
13	VAKOLA (MU14)	P & T Colony, Vakola, Mumbai - 400 029	Santacruz	022-26650366	7:30 A.M. to 2:00 P.M.
14	DEONAR (MU15)	Deonar Post Office Bldg Telecom Factory, Town ship compound, Deonar, Mumbai - 400 088	Gowandi	022-25512137	7:30 A.M. to 2:00 P.M.
15	OSHIWARA (MU16)	Flat No.3 & 4, Building No. 31, Tata Communication (TCL) Colony, Near Oshiwara, Jogeswari (W), Mumbai	Oshiwara	022-24376612	7:30 A.M. to 2:00 P.M.
16	BHANDUP (MU17)	Flat No. 321 & 322, Type - IV Cite C, Central Govt. Qtrs, Bhandup, Mumbai - 400 078	Bhandup	022-25619655	7:30 A.M. to 2:00 P.M.
17	VIKHHOLI (MU18)	Flat No. 81 & 83, Tpe-III, O.C.S. Qtrs, Vikhroli, Mumbai - 400 088	Vikhroli	022-25782421	7:30 A.M. to 2:00 P.M.
18	MULUND (MU19)	B/2, Type-II P & T. Colony, Mulund(W), Mumbai - 400 080	Mulund	022-25616267	7:30 A.M. to 2:00 P.M.
19	KANDIVLI (MU20)	CGHS Wellness Centre No. 20 D-1/2, Lekha Vihar, Sector 5, Charkop, Kandivli (West), Mumbai - 400 067.	Kandivali	022-2867 7353	7:30 A.M. to 2:00 P.M.
20	SAHAR (MU21)	P&T Colony, Sahar, Mumbai - 400 029	Andheri	022-28210959	7:30 A.M. to 2:00 P.M.
21	S.M. PLOT (MU22)	Shaikh Mistry, S.M. Plot, Koliwada, Mumbai - 400 037	GTB Nagar	022-24015758	7:30 A.M. to 2:00 P.M.

22	PAREL (MU23)	Govt. Mint Colony, Bldg No.20 Flat No. 41- 43, Saibaba Marg, Mint Staff Qtrs, Perel, Mumbai – 400 012	Lower Parel / Curry Road	022-24187276	7:30 A.M. to 2:00 P.M.
23	KANJUR MARG (MU24)	Naval Armament depot campus, Kanjurmarg , Pawai, Mumbai – 400 078	Kanjur Marg	022-25784026	7:30 A.M. to 2:00 P.M.
24	JOGESHW ARI (MU25)	Income tax Colony, Bldg No. 10- 12, Jogeshwari (E), Mumbai – 400 062	Jogeshwari	022-28210948	7:30 A.M. to 2:00 P.M.
25	SEEPZ (MU26)	Seepz Qtrs Complex, Qtrs No. C-1, C- 2, Andheri (E), Mumbai 400 096.	Andheri	022-28365751	7:30 A.M. to 2:00 P.M.
26	N.S. ROAD	Hyderabad Estate, N.S. Road, Mumbai – 400 006	Grant Road	022-23641816	7:30 A.M. to 2:00 P.M.
27	JUHU (MU28)	BSNL Complex, Juhu Tara Road, Santacruz(W), Mum bai.	Santacruz	022-26601744	7:30 A.M. to 2:00 P.M.
28	GOA (GO1)	D II (A,B & C) Hpt, AIR staff,Quarters Complex, Bambolim,(Goa.	-----	0832-2458566	7:30 A.M. to 2:00 P.M.